HEATHFIELD COURT
CARE HOME

Summer Newsletter

As the splendour of summer begins to wind down, the treasured memories and experiences we've shared over the past few months fill us with warmth and appreciation. I hope taking a look back at these cheerful moments brings you a little sunshine.

"Come on Barbie, let's go party!"

Our garden turned pink in July for our fabulous Barbie Land Summer Fayre! Residents, families and friends embraced the theme and enjoyed a fun-packed day of games, pampering, live music, stalls and a delicious BBQ. We were also delighted to welcome Cllr Frazer Brooks, the Deputy Mayor of Bexley, and Allison Hartshorn, the Deputy Mayoress, who both chatted with residents and joined in the games. It was wonderful to see everyone having fun together while raising money for our Charity of the Year, the Centre for Oneness.

Four generations by the sea

In August, we organised a special seaside treat for our much-loved oldest resident, 104-year-old Marjorie, with a trip to Hastings followed by a visit to the aquarium. To make the day even more memorable, Marjorie's daughter, granddaughter and great-granddaughter joined us, bringing four generations of the family together. Marjorie loved spending time by the sea and exploring the aquarium, but the real highlight was sharing the experience with those closest to her and making precious new family memories together.

Time to relax

Our residents have continued to enjoy our Namaste Care sessions over the summer. Designed to create a calming multi-sensory experience, it includes soft lighting, soothing music, gentle hand massages, essential oils and other sensory tools, and can be particularly beneficial for residents living with dementia. This time we chose an aquarium theme, with gentle scenes of fish, blue and green lights and the relaxing sound of waves helping to create a peaceful environment where residents could relax and feel soothed.

All aboard for Liz's wish!

Our lovely resident Liz enjoyed a special Wish Wednesday with her sister Bernadette, taking to the water aboard The Kentish Lady. The sisters cruised from Maidstone to Allington Lock, where they tucked into a delicious lunch before enjoying the return journey. With beautiful weather and lovely views along the way, Liz thoroughly enjoyed her day on the water. Most importantly, the trip gave the sisters the chance to spend quality time together and make another special memory to treasure.

TOP 20 CARE HOME GROUP AWARD 2024 carehome.co.uk

Read our reviews

"The staff are very caring and seem to know my father well. They go above and beyond to ensure he is supported. "

Alison

"We never thought mum would accept being in a home but she is so happy which is down to the staff."

Tracey

"The team goes above and beyond to provide excellent care and do so with the most positive attitude imaginable."

RB

With love

Nikki Martin | Home Manager

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Inspected and rated Good

Care Quality Commission

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