



HEATHFIELD COURT
CARE HOME

Winter Newsletter

As we welcome 2026 with open arms, our hearts are full of gratitude for the beautiful memories we've shared over the past few months, filled with so much love, laughter, and celebration. I hope you enjoy looking back on these moments that have made the end of 2025 truly special.



A Christmas cracker!

We began the festive season with residents Liz and Colin switching on our Christmas lights. Father Christmas and his elves visited us to give out presents, and the home became a winter wonderland, complete with snow and even a few penguins! Everyone enjoyed spending time with our feathered friends, holding them on their knee or stroking them. We all had a magical time singing carols and Christmas songs, many of our residents love a good sing-along and the familiar carols brought back lots of cherished memories of Christmases gone by.



Trip down memory lane

We organised for residents Colin Crisp and Colin Richards, both former police officers, to spend the day reminiscing and catching up with former colleagues at Marlowe House in Sidcup. The pair were thrilled to be able to get up close to the bikes and cars from the Metropolitan Police Historic Vehicle Collection. They have become friends since moving into Heathfield Court, bonding over their time in the service.

Spooktacular fun!

Our residents had lots of spooky fun during October with plenty of Halloween-themed activities and crafts. Our pumpkin carving activity was a firm favourite and really encouraged everyone to get creative. It was a very sensory experience scooping out all of the seeds, and we made delicious pumpkin pies from the tasty pumpkin flesh. These types of activities help to improve our residents' fine motor skills and boost their wellbeing, and it's an opportunity to be playful and express their creativity.



“Remember, Remember..”

Bonfire Night went with a bang, as we gathered outside to watch the fireworks. In preparation, our residents made some yummy firework snacks with bread sticks, melted chocolate, sprinkles and stars. We finished off the celebration with sparklers, pushed into carrots to make them easy and safe for our residents to handle. The smells, sounds, and sights of Bonfire Night helped to spark lots of fond memories and stories for our residents to treasure.



Read our reviews

“The staff are outstanding, the care and consideration given is of the highest standard. Staff work as if the residents were their own family.”

Leslie

“I can't recommend it highly enough. The ethos is clear the moment you arrive and witness the smiles on the residents' faces.”

Catherine

“The staff are compassionate, the garden is beautiful, and there are lots of activities.”

Angela

With love

Nikki Martin | Home Manager

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Inspected and rated

Good

Care Quality Commission

5 September 2020