

News from 

# HEATHFIELD COURT

## CARE HOME

Dear friends

As a cosy new season approaches and our favourite autumnal activities begin once more, we have been reflecting on a glorious joy-filled summer at Heathfield Court.



## Sunshine and good times

Our residents made the most of every sunny day - of which there were plenty this year! We enjoyed live performances in the garden gazebo, got creative with flower arranging on the balcony, and played garden games in the sun! To stay cool our residents ate slush puppies in ice cones! We brought the seaside to us by celebrating National Fish and Chip Day with fresh battered cod and crispy chips, then enjoyed delicious strawberries and cream whilst watching Wimbledon! Then as the season's began to change our green fingered residents went to Polhill nursery to select some potted plants to decorate our balconies.

## Day trips



Over the last few months our residents and team members have set out on many lively minibus adventures. There have been trips to Danson Park to explore the manor house and enjoy an ice lolly in the garden. We've played rounds at the miniature golf course and ventured to Canterbury Wildwoods Trust to see the animals. We took a trip back in time to the historic Hall Place where we fed the geese and viewed the incredible Tudor mansion. And, of course, along the way there have been plenty of visits to our favourite Ruxley's Garden Centre for a potter around and slice of cake! We are so lucky that there is all manner of nature and entertainment right on our doorstep and, with our own minibus on hand, we are only a short ride away!



# Celebrating our superheroes

Our residents together with their loved ones recently celebrated our team who together make such a difference to their lives every single day! We are always looking for fun and heartfelt ways to recognise and reward those who make our home joyous and our residents' days purposeful. So, we hosted a wonderful day of music, dancing, food and fun – including the announcement that Heathfield Court has been voted by carehome.co.uk in the Top 20 care homes in London! Each team member was also presented with a personalised water bottle, a pin badge and thank you card with meaningful messages from residents and their families. We couldn't be prouder!



## Animal friends



Some of our resident's most touching moments are spent in the company of our affectionate animal friends! We are blessed to work with several wonderful pet therapy charities who like to visit regularly. In recent months, we have welcomed our friends at the Guide Dog Association who brought former guide dog Suzi, a black labrador, who enjoyed lots of pets and cuddles! Then we opened our home to two adorable rescue dogs, Trixie and Lulu! Our residents were delighted when they discovered the lovable duo had come to live with us - they have such a calming influence on everyone!



With love,  
**Gina Kitchenham**  
Home Manager

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**We always love reading your comments on Facebook!  
Here are a few recent ones:**

"Great photos as usual, happy smiley faces!" Jean

"Oh my word, what fab pictures. You are all true superheroes. Our relatives are blessed having you all to care for them!" Pauline

"Looks like everyone had an amazing time!" Karen



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