

News from 

# HEATHFIELD COURT CARE HOME

Dear friends

A fresh new season is here and our home feels bright and vibrant!  
Here is a little peek into our fun spring adventures!



## Celebration time

The start of the year brought us many wonderful celebrations! As part of our Valentine's Day fun, a few of our resident couples shared a romantic double date, while we decorated the dining room with heart shaped balloons so the whole home could come together for a sumptuous meal. Then, in true Heathfield Court fashion, it was into the lounge for a live performance that had everyone up and dancing! Shrove Tuesday and St. David's Day soon followed bringing pancake flipping contests and everyone's favourite Tom Jones' songs! Then for St. Patrick's Day we celebrated the luck of the Irish and got into the spirit of things by posing with props for a fun photoshoot to share with family and friends on Facebook!



## Something new



We have been enjoying some new springtime activities recently. We had our first cookery masterclass with chef Dan where residents got creative and made their own pizzas! There was lots of laughter as we debated the best toppings and combinations, although no one opted for pineapple! It proved such a success that due to popular demand we have promised to make it a regular activity! After all that delicious food, later in the week we decided to give beachball exercise a whirl which provided residents with some fun yet gentle moves to start the day! Of course there is always time for our old favourites and we have been enjoying plenty of knitting, games and crafts! Never a dull moment!



# Out and about

We kicked off our spring excursions with a trip to the National Maritime Museum in Greenwich where we had a lovely time looking at all the stunning historical memorabilia. Next, we went to Eagle Heights in Dartford to see the majestic birds of prey show, which took everyone's breath away! Though some of our favourite days out are the simplest; popping to Danson Park in the minibus for ice cream, a browse round Ruxley Garden Centre followed by a fish and chip lunch, or coffee morning at St. Augustine's Church for a chat with our fellow parishioners.



# It's Easter time



Our residents had a great time welcoming Easter to Heathfield Court. In the run-up to the big weekend we got creative making all manner of Easter crafts! On Easter Sunday some of us gathered for a church service in the morning before our whole home came together for a celebratory Easter lunch. Our day was filled with treats, not only from the Easter bunny who delivered chocolate eggs to one and all, but hot cross buns and Simnel cake! Then we gathered for live entertainment wearing our bunny ears! We ended our fabulous weekend by playing lots of Easter themed games and sharing lots of laughter. We had a cracking time!



With love,  
**Gina Kitchenham**  
**Home Manager**

Heathfield Court Care Home, 147 Colyers Lane, Northumberland Heath,  
Kent, DA8 3PB, Tel: 01322 923383

## We always love reading your comments on Facebook! Here are a few recent ones:

“Always love looking at your pics, everyone looks so happy, so nice to see!” Karen

“Thank you for looking after our loved ones so brilliantly. You're all angels.” Sue

“Absolutely fab pictures for Easter celebrations - everyone looks sooo happy.” Pauline

