

News from 

HEATHFIELD COURT CARE HOME

Dear Friends

Well, autumn is firmly here! We have been reflecting on all of the lovely things we've been up to in recent weeks and thought you'd like to see some of our photographs too.



Autumn adventures

Being in the 'Garden of England,' we are spoilt for choice when it comes to beautiful countryside and local attractions. We like to keep trips varied, from historic sites such as Hall Place, to classic seaside trips and even competitive afternoons at our local Ten Pin bowling alley! One of our more memorable recent adventures took us to Teapot Island; a delightful museum set in the stunning Twyford Bridge Marina. Inside, we were surrounded by 8,500 teapots displayed on shelves that stretched from floor to ceiling. Our residents were in awe of all the different designs, and had a good chuckle at the funny ones!

Cosy days

With the night's drawing in, we have been snuggling up with fresh popcorn and cups of cocoa in our cinema room to enjoy a private viewing of our favourite movies. Residents made spooky table displays for Halloween transforming wine glasses into pumpkin candle holders and put the finishing touches to our colourful autumn wall. We've shared many an enjoyable trip to the pub for a hearty pint and round of fish and chips and indulged in some home-baking experimenting with white chocolate! It's just as well we're an active bunch with our energetic games of balloon tennis known to get competitive!





Harvest time

Our residents love to potter in the garden and so they have enjoyed tending to our fruit trees all year round. It has been a real labour of love growing our own organic produce and now it's harvest time! Out we went with our trugs ready to pick the juicy plums and ripe pears from our orchard. There was so much fruit that our talented kitchen team rustled up some delicious crumble, with custard of course, for everyone to enjoy! Our residents were so impressed that there has been talk of making plum pie and pear conserve with the next batch!



Cuddles with our furry friends

We know few things beat a cuddle with our furry or feathered friends. So to mark International Dog Day, we invited our team to bring their dogs to work! With their wagging tails and big brown eyes, they melted everyone's hearts! The affectionate pups were showered with so much attention that they didn't want to leave! In fact, we had so much fun that we arranged another pet therapy session for National Rabbit Day! These visits bring so much joy to our residents that we make sure they are a regular part of life in our happy home.



With love,
Gina Kitchenham
Home Manager

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We always love reading your comments on Facebook!
Here are a few recent ones:

"Fantastic, not sure who enjoyed it most, the residents or the dogs!" Steve

"Thanks for all you guys do. Lovely to see my sister joining the group for lunch!" Alan

"What a fabulous idea to go bowling and bring out the competitive spirit in everyone. I can see the enjoyment on everyone's face." Doreen

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