

News from

HEATHFIELD COURT

CARE HOME

Dear Friends

As we welcome in a new year and all the hope and anticipation it brings, we wanted to share with you the happy times we enjoyed in the final months of 2020.



BBC Children in Need

Our residents had a wonderful time raising money for Children in Need when the team hosted a Pyjama Day at Heathfield Court! We thought this would be a sure fire way to support a fantastic charity, whilst giving our residents a good giggle! As part of the celebrations, our residents also hosted a special Colour Therapy session creating their own Pudsey the bear artwork. Children in Need is a charity that is close to our all hearts given the wonderful connections our home has with local schools and organisations like Bexley Snap who support young people with disabilities. As we celebrated the day we talked about how we look forward to opening our doors to intergenerational play visits again when restrictions allow.

Creativity through the seasons

Our residents love the opportunity to get creative and so we embarked on some memorable projects as the year drew to a close. In October we got into the spooky spirit of Halloween by donning our witches hats to bake bat-shaped cookies and make giant spider and pumpkin decorations. In November we marked Remembrance Day by filling our home with handmade poppy tributes and poignant images of soldiers. It meant a lot to our residents to be able to pay their respects in this meaningful way as we gathered round to watch the ceremony live from the Cenotaph. Then in December everyone's creativity came out once more as residents painted reindeer and winter woodland creatures in our much loved festive Arts and Crafts sessions.



A Heathfield Christmas Carol

To round off the year our team were set a Christmas Spectacular Challenge; to create a cosy winter wonderland within our home that would bring festive fun and cheer to all our deserving residents. We wanted a theme that our residents would be familiar with and would bring back fond memories, so we chose Charles Dickens' A Christmas Carol. We got to work making our own vintage Christmas tree decorations using carol music sheets, dried oranges, cinnamon sticks and pine cones. We lit up our home with vintage mock-candles and lanterns, while adorning our fireplaces with traditional Victorian stockings and presents wrapped in brown paper and ribbons. It was wonderful to see our resident's reactions; the smiles and laughter our festive efforts brought to the whole home was so amazing and a wonderful way to bring everyone together!



A hundred rainbows for Christmas

Christmas is a time for taking stock and showing gratitude for those who impact our lives. So this year we came up with a wonderful way for our much loved residents to thank the community for their unwavering support over the past 12 months. In December, our residents got busy decorating 100 miniature rainbow Christmas ornaments to send to local supporters, who have been a lifeline to them. Each ornament was presented with a touching message of thanks for the generosity these businesses and individuals have had on our happy home.



With love,
Gina Kitchenham,
Home Manager

Heathfield Court Care Home, 147 Colyers Lane, Northumberland Heath,
Kent, DA8 3PB, Tel: 01322 923383

We always love reading your comments on Facebook! Here are a few recent ones:

"These pictures always make me so happy! You do so much for the residents. It's so lovely to see them so happy." Helen

"They all look like they're having great fun! Clare

"Wow what a lovely thing to do. You really do look after the residents." Joanne

"Your ladies and gents never stop smiling because they have such wonderful people looking after them." Pauline

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